




# There are some laws you need to know about **BEFORE** you start work!



## Louisiana law requires your employers to:

-  Provide you with an uninterrupted break of at least 30 minutes for each and every 5-hour work period. 14-17 years old
-  Limit your work schedule to no more than 3 hours on a school day (8 hours on a non-school day) and no more than 18 hours total during a school week (40 hours during a non-school week). 14 and 15 years old
-  Have on file an employment certificate for you completed by your school or school board. 14-17 years old

*It is illegal for individuals under the age of 14 to be employed, except as provided in RS 23:151.*

## Prohibited Work Hours by Age

Age	Restriction
14- & 15-year-olds	7 p.m. - 7 a.m. prior to the start of any school day
14- & 15-year-olds	9 p.m. - 7 a.m. on any other day
16-year-olds	11 p.m. - 5 a.m. prior to the start of any school day
17-year-olds	12 a.m. - 5 a.m. prior to the start of any school day

*Note: For purposes of the above items, a day during which school is in session will be that designated as such by the local school superintendent for the school district in which the minor resides.*

Louisiana law also prohibits minors from working in certain types of industries. For a list of occupations or for more information about child labor laws, log onto the Louisiana Department of Labor Web site, [www.LAWORKS.net](http://www.LAWORKS.net) and visit the "Louisiana Youth Works" portal.



**LOUISIANA WORKS™**

DEPARTMENT OF LABOR

[www.LAWORKS.net](http://www.LAWORKS.net)